## Health History Reference
### Medication Deferral List

### Some Medications May Affect Your Eligibility to Donate Blood
Please Tell Us If You...

<table>
<thead>
<tr>
<th>Are being treated with the following types of medications...</th>
<th>or have taken...</th>
<th>which is also called...</th>
<th>in the last...</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Anti-platelet agents (usually taken to prevent stroke or heart attack)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Feldene</td>
<td>piroxicam</td>
<td>2 days</td>
<td></td>
</tr>
<tr>
<td>- Effient</td>
<td>prasugrel</td>
<td>7 days</td>
<td></td>
</tr>
<tr>
<td>- Brilinta</td>
<td>ticagrelor</td>
<td>14 days</td>
<td></td>
</tr>
<tr>
<td>- Plavix</td>
<td>clopidogrel</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Ticlid</td>
<td>ticlopidine</td>
<td></td>
<td></td>
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<tr>
<td>- Zontivity</td>
<td>vorapaxar</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Anticoagulants or “blood thinners” (usually to prevent blood clots in the legs and lungs and to prevent strokes)</strong></td>
<td></td>
<td></td>
<td>2 days</td>
</tr>
<tr>
<td>- Xarelto</td>
<td>rivaroxaban</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Fragmin</td>
<td>dalteparin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Lovenox</td>
<td>enoxaparin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Pradaxa</td>
<td>dabigatran</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Eliquis</td>
<td>apixaban</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Savasya</td>
<td>edoxaban</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Coumadin</td>
<td>warfarin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Xarelto</td>
<td>rivaroxaban</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Lovenox</td>
<td>enoxaparin</td>
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</tr>
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<td>- Eliquis</td>
<td>apixaban</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Savasya</td>
<td>edoxaban</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Heparin, low molecular weight heparin</td>
<td>heparin</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Arixtra</td>
<td>fondaparinux</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Acne treatment</strong></td>
<td>Accutane</td>
<td>isotretinoin</td>
<td>1 month</td>
</tr>
<tr>
<td>- Amnesteem</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>- Absorica</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>- Clear</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Claravis</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Myorisan</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Sotret</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Zenatane</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>Hair loss remedy</strong></td>
<td>Propecia</td>
<td>finasteride</td>
<td></td>
</tr>
<tr>
<td>- Proscar</td>
<td>finasteride</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Prostate symptoms</strong></td>
<td>Avodart</td>
<td>dutasteride</td>
<td>6 months</td>
</tr>
<tr>
<td>- Proscar</td>
<td>finasteride</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Jalyn</td>
<td>dutasteride</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Basal cell skin cancer</strong></td>
<td>Erivedge</td>
<td>vismodegib</td>
<td>24 months</td>
</tr>
<tr>
<td><strong>Relapsing multiple sclerosis</strong></td>
<td>Aubagio</td>
<td>teriflunomide</td>
<td>24 months</td>
</tr>
<tr>
<td>- Soriatane</td>
<td>acitretin</td>
<td>36 months</td>
<td></td>
</tr>
<tr>
<td>- Tegison</td>
<td>etretinate</td>
<td>Ever</td>
<td></td>
</tr>
<tr>
<td><strong>Hepatitis exposure</strong></td>
<td>Hepatitis B Immune Globulin</td>
<td>HBIG</td>
<td>12 months</td>
</tr>
<tr>
<td><strong>Experimental Medication or Unlicensed (Experimental) Vaccine</strong></td>
<td>CellCept</td>
<td>mycophenolate mofetil</td>
<td>Ever</td>
</tr>
</tbody>
</table>

*No longer available in US*

**DO NOT** discontinue medications prescribed or recommended by your physicians in order to donate blood.

*Some medications affect your eligibility as a blood donor, for the following reasons:*

**Anti-platelet agents affect platelet function**, so people taking these drugs should not donate platelets for the indicated time; however, you may still be able to donate whole blood.

**Anticoagulants or “blood thinners”** are used to treat or prevent blood clots in the legs, lungs, or other parts of the body, and to prevent strokes. These medications affect the blood’s ability to clot, which might cause excessive bruising or bleeding when you donate.

**Isotretinoin, finasteride, dutasteride, acitretin, and etretinate** can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman. Once the medication has been cleared from your blood, you may donate again.

**Erivedge (Vismodegib), Aubagio (teriflunomide)** can cause birth defects or the death of an unborn baby if transfused to a pregnant woman. Once the medication has been cleared from your blood, you may donate again.
Growth hormone from human pituitary glands was prescribed for children with delayed or impaired growth. The hormone was obtained from human pituitary glands, which are in the brain. Some people who took this hormone developed a rare nervous system condition called Creutzfeldt-Jakob Disease (CJD, for short).

Insulin from cows (bovine, or beef, insulin) is an injected medicine used to treat diabetes. If this insulin came to the United States from the United Kingdom (where “mad cow disease” has occurred) it could contain material from cattle that have “mad cow disease.” Although no cases of the human type of “mad cow disease” have been reported in people treated with bovine (beef) insulin, there is concern that someone exposed to “mad cow disease” through beef insulin could transmit it to someone who receives their blood.

Hepatitis B Immune Globulin (HBIG) is an injected material used to prevent hepatitis B infection following a possible or known exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case, therefore, persons who have received HBIG must wait to donate blood.

Experimental Medication or Unlicensed (Experimental) Vaccine is usually associated with a research study, and the effect on the safety of transfused blood is unknown.

Donors SHOULD NOT discontinue medications prescribed or recommended by their physician in order to donate blood.

### List of States with Licensed Tattoo / Piercing Facilities

- Alabama
- Alaska
- California
- Colorado
- Delaware
- Florida
- Georgia
- Hawaii
- Illinois
- Indiana
- Kansas
- Kentucky
- Louisiana
- Maine
- Michigan
- Minnesota
- Mississippi
- Missouri
- Montana
- Nebraska
- New Hampshire
- New Jersey
- New Mexico
- North Dakota
- Ohio
- Oklahoma
- Oregon
- Rhode Island
- South Carolina
- South Dakota
- Tennessee
- Texas
- Vermont
- Virginia
- Washington
- West Virginia
- Wisconsin

### List of Countries in the United Kingdom (UK)

- Channel Islands
- Falkland Islands
- Gibraltar
- Isle of Man
- Northern Ireland
- Scotland
- Wales

### List of Countries in Europe

- Albania
- Austria
- Belgium
- Bosnia-Herzegovina
- Bulgaria
- Croatia
- Czech Republic
- Denmark
- Finland
- France, including its overseas departments (e.g., Martinique, Guadeloupe, French Guiana, and Réunion)
- Germany
- Greece
- Hungary
- Republic of Ireland
- Italy
- Kosovo
- Liechtenstein
- Luxembourg
- Macedonia
- Montenegro
- Netherlands
- Norway
- Poland
- Portugal, including the Azores
- Romania
- Serbia
- Slovak Republic
- Slovenia
- Spain, including the Canary Islands and Spanish North African territories
- Sweden
- Switzerland
- United Kingdom
- Federal Republic of Yugoslavia (Kosovo, Serbia and Montenegro)

### Glossary

**Contact with a person who has had smallpox vaccination** – Touching the vaccination area or the scab that forms on the skin, including the bandages covering the vaccination area or scar; touching/handling materials that might have come into contact with an unbandaged vaccination area or scab including clothing, towels, and bedding.

**Contact with blood** – (1) a needlestick or other sharps injury from an instrument that has been used on any individual or patient; (2) exposure to non-intact skin (e.g., skin that is chapped, abraded, or afflicted with dermatitis); (3) a human bite that breaks the skin; (4) exposure to eye, nose, or mouth i.e., the mucous membranes.

**Lived with** – Residing in the same dwelling. EXAMPLES: house, dormitory, or apartment.

**Severe complications** include the following: rash (resembling blisters) covering a small or large area of the body; necrosis (tissue death) in the area of exposure; encephalitis (inflammation of the brain); infection of the cornea (eye); and localized or systemic skin reaction in someone with eczema or other chronic skin condition.

**Tattoos** include tattoo “touch ups”, tattoos applied by oneself, and those applied by others.

**Viral hepatitis** – Inflammation of the liver. Symptoms may include fever, malaise, weakness, anorexia, nausea, and abdominal distress. The most common types of viral hepatitis are A, B, and C, CMV, and mononucleosis (caused by Epstein-Barr virus).

**Xenotransplantation** is defined to include any procedure that involves the transplant of tissue from one animal species to another, for example pig to human. Common examples include skin grafts for burn victims and pig heart valves. Transplanted living tissue may carry harmful infections from animals. Donors who have received “living” tissue from another species need to be deferred. Living tissue is found in stem cell transplants and whole organ transplants. Many xenografts consist of nonliving (or acellular) tissue, and these donors do not need to be deferred. Examples include heart valves, skin grafts and bone grafts.