

Attention Donors: Please read before donating

Zika is a tropical virus that has recently spread in Latin America and the Caribbean. The virus is carried by mosquitoes, and as several cases have already been reported in the U.S., Zika threatens to have a large impact on our region. Most people who have Zika or similar viruses do not have any symptoms. There is currently no test to detect the virus in the blood supply. To help safeguard the blood supply and protect the patients we serve, please read the following and do not donate today if any of the following conditions apply to you.

Travel

If you have visited any of the countries listed and/or highlighted, please do not donate for four weeks after your return.



- American Samoa
- Antigua and Barbuda
- Argentina
- Aruba
- Bahamas, The
- Barbados
- Belize
- Bolivia
- Bonaire
- Brazil
- Cape Verde, Africa
- Cayman Islands (U.K.)
- Chile (Easter Island)
- Colombia
- Costa Rica
- Cuba
- Curacao
- Dominica
- Dominican Republic
- Easter Island (Chile)
- Ecuador, including the Galapagos Islands
- El Salvador
- Falkland Islands (Islas Malvinas)
- French Guiana
- Grenada
- Guadeloupe, including Saint Barthelemy and Saint Martin (France)
- Guatemala
- Guyana
- Haiti
- Honduras
- Jamaica
- Marshall Islands
- Martinique (France)
- Mexico
- Netherlands Antilles (Bonaire, Curacao, Saba, St. Eustasius and St. Maarten)
- New Caledonia
- Nicaragua
- Panama
- Paraguay
- Peru
- Puerto Rico (U.S.)
- Saint Kitts (Saint Christopher) and Nevis (U.K.)
- Saint Lucia
- Saint Vincent and the Grenadines
- Sint Maarten
- Samoa
- Suriname
- Tonga
- Trinidad and Tobago
- Turks and Caicos Islands (U.K.)
- Uruguay
- Venezuela
- Virgin Islands, British & U.S.

Symptoms or Diagnosis

If you have been diagnosed with Zika virus infection, or if you have had two or more of the following symptoms within two weeks of leaving one of the countries listed above, please do not donate until at least four weeks after your symptoms resolve.

Fever • Rash • Joint pain/muscle pain • Conjunctivitis (pink eye) • Headache

Sexual Contact

Female donors: If you had sex with a man who, in the three months prior to your sexual contact, has had a Zika virus infection or has traveled to or resided in one of the areas above, please do not donate until at least four weeks after your last sexual contact within that three-month window.