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CY-FAIR BLOOD DONOR WINS WATCHES IN 'DIAMONDS FOR DONORS' GIVEAWAY

Environmental Engineer is One of Four Individuals to Win Watches

HOUSTON (April 27, 2009) – Cy-Fair resident Lan Cheah is the proud winner of a set of his-and-hers Fossil-brand *Commit for Life* watches from Gulf Coast Regional Blood Center. Cheah is one of four winners who will receive a set of watches through The Blood Center's Diamonds for Donors promotion, in which all who donate or attempt to donate in April are eligible.

Cheah made her winning blood donation at the Cy-Fair Neighborhood Donor Center, at 11811 FM 1960 West, Suite 120. She can also usually be found donating at blood drives at Jacobs Engineering, where she is an environmental engineer.

Cheah truly understands what it means to be a blood donor. More than 20 years ago, her mother was diagnosed with breast cancer and needed blood. After that time, Cheah decided to *Commit for Life* as a regular blood donor. Her brother later required blood as a cancer patient, and her niece benefited from blood donations as a premature baby.

"We make donating blood a family affair," Cheah says. "My son is 21, and he helps save lives, too."

Individuals are encouraged to make it a life-saving summer. *Commit for Life* donors who successfully complete two donations or a single double red cell donation between May 1 and Aug. 31 will be eligible to order a Kroger gift card worth \$15 from the *Commit for Life* store. Once they have become eligible, a donor may log on to the *Commit for Life* store at www.giveblood.org to order their complimentary gift card. A handling fee of 200 *Commit for Life* store points applies. For more information or to schedule your donation, visit www.giveblood.org or call 1(888) 482-5663.

ABOUT US: Gulf Coast Regional Blood Center is asking its donors to *Commit for Life*. It takes three simple steps: 1) Donate once per quarter; 2) allow The Blood Center to contact you; and 3) spread the word, encouraging others to *Commit for Life*. Gulf Coast Regional Blood Center is the primary supplier of blood components to more than 220 hospitals and health care facilities in a 25-county Texas Gulf Coast region. Donors must be at least 17 years of age, weigh a minimum of 110 pounds and be in good general health. Individuals who are 16 years old, at least 122 pounds, in good general health and have parental consent also may be eligible to donate. The donation process is simple, taking only about one hour. Gulf Coast Regional Blood Center is an independent, nonprofit blood center that is not affiliated with the American Red Cross.

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Commit for Life.

1400 La Concha Lane, Houston, Texas 77054 • 713-790-1200 • 1-888-482-5663 • www.giveblood.org

A Nonprofit Community Blood Center and Member of America's Blood Centers, American Association of Blood Banks and the Texas Medical Center.