



**FOR IMMEDIATE RELEASE**

**CONTACT: Cortney Martin, (cmartin@giveblood.org)**  
Public Relations Coordinator, (713) 791-6682  
**Sheena Abraham, (sabraham@giveblood.org)**  
Public Relations Associate, (713) 791-6329

## **DONOR CENTERS' HOURS OF OPERATION CHANGING**

### *New Schedule Offers More Consistent Hours for Blood Donations*

**HOUSTON, TX - (Sept. 2, 2009)** – Gulf Coast Regional Blood Center is changing its Tuesday and Thursday hours of operation at all Neighborhood Donor Centers to offer more consistent weekday hours. Beginning Sept. 21, Neighborhood Donor Centers' hours of operation on the days they are open will be:

**Monday through Thursday: 10 a.m. to 6 p.m.**  
**Friday through Sunday: 8 a.m. to 4 p.m.**

The days each center is open will not change.

More than 1,000 blood donations are needed every day to help save lives. Individuals who *Commit for Life* by donating at least once a quarter help ensure an adequate blood supply is available at all times.

**ABOUT US:** Gulf Coast Regional Blood Center is asking its donors to *Commit for Life*. It takes three simple steps: 1) Donate once per quarter; 2) allow The Blood Center to contact you; and 3) spread the word, encouraging others to *Commit for Life*.

Gulf Coast Regional Blood Center is the primary supplier of blood components to more than 170 hospitals and health care facilities in a 25-county Texas Gulf Coast region.

Donors must be at least 17 years of age, weigh a minimum of 110 pounds and be in good general health. Individuals who are 16 years old, at least 122 pounds, in good general health and have their parents' consent also may donate.

The donation process is simple, taking only about one hour. Gulf Coast Regional Blood Center is an independent, nonprofit blood center that is not affiliated with the American Red Cross.

**Interact with us on the Web:** [www.giveblood.org/blog](http://www.giveblood.org/blog) • [www.giveblood.org/Facebook](http://www.giveblood.org/Facebook) • [www.twitter.com/commitforlife](http://www.twitter.com/commitforlife) • [www.flickr.com/photos/commitforlife](http://www.flickr.com/photos/commitforlife)

###

## *Commit for Life.*

1400 La Concha Lane, Houston, Texas 77054 • 713-790-1200 • 1-888-482-5883 • [www.giveblood.org](http://www.giveblood.org)

A Nonprofit Community Blood Center and Member of America's Blood Centers, American Association of Blood Banks and the Texas Medical Center.